# FINDING YOUR MIDLIFE PATH

CoolBeanLiving

1. Name 5 things you have accomplished in your life. Things you are most proud of.

1. _____
2. _____
3. _____
4. _____
5. _____

2. Name 5 positive qualities you possess. Include any special talents or areas you are strong in.

1. _____
2. _____
3. _____
4. _____
5. _____

3. What things get you up every morning? What do you feel a passion for? What gets you excited?

1. _____
2. _____
3. _____

4. If you were at the end of your life, what would you need to have accomplished so that you would have no regret?

5. With questions 1 thru 4 answered, what actions do you need to take so that the second half of your life is extraordinary?

## Notes

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