CoolBeanLiving

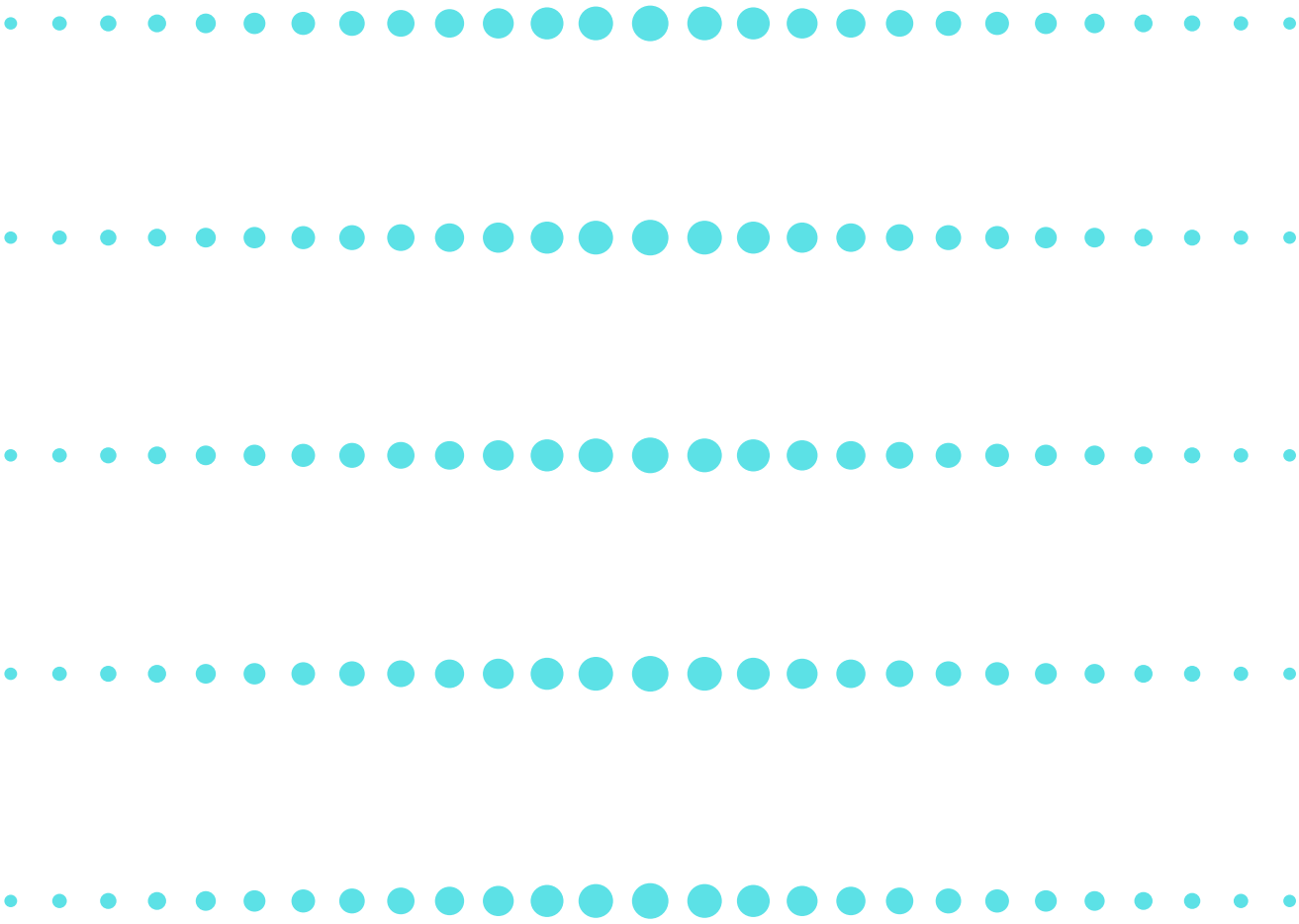
FINDING YOUR

midlife path

Name 5 things you have accomplished in your life. These should be things you are most proud of.

2019 © CoolBeanLiving.com

Name 5 positive qualities you possess. Include any special talents or areas you are strong in.



What things get you up in the morning? What do you have a passion for? What excites you?

2019 © CoolBeanLiving.com

If you were at the end of your life, what would you need to have accomplished to have no regrets?

2019 © CoolBeanLiving.com

With questions 1 - 4 answered, what actions do you need to take so that the second half of your life is extraordinary?

2019 © CoolBeanLiving.com