

The cover features a central light pink rounded rectangle containing the text. This rectangle is framed by two overlapping, slightly offset grey rectangular outlines. The background is white with large, soft-edged abstract shapes in shades of light pink and light grey. The text is centered within the pink rectangle.

DAILY

*Gratitude*

JOURNAL

THIS JOURNAL BELONGS TO:

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DAILY *Gratitude* JOURNAL



Morning...

DATE \_\_\_\_\_

AFFIRMATION: .....  
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I AM GRATEFUL FOR:

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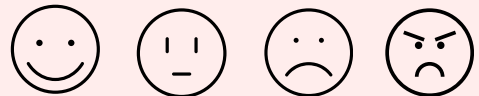
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Evening...

MOOD:



TODAY'S BIG WINS:

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LOOKING AHEAD:

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DAILY *Gratitude* JOURNAL



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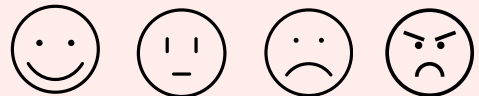
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Evening...

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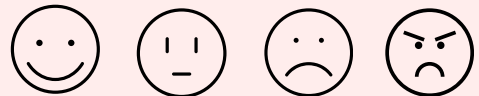
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*Evening...*

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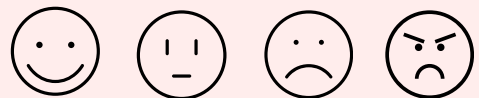
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*Evening...*

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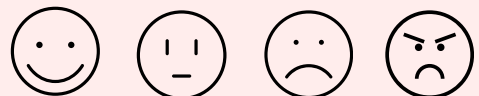
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*Evening...*

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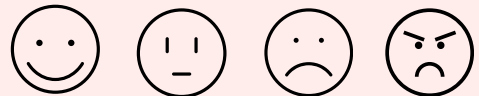
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*Evening...*

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TODAY'S BIG WINS:

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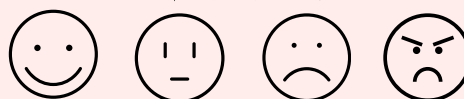
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Evening...

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# Gratitude JOURNAL

A large area of the page is filled with a grid of small grey dots, providing a guide for handwriting or printing text. The dots are arranged in approximately 25 horizontal rows and 40 vertical columns.

# 30 DAY *Gratitude* CHALLENGE


THOUGHTS: .....  
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